

PARENTING PROGRAMS

A Boys and Girls Clubs of Canada Program

Would you like to feel better prepared for adolescence?

JOIN US TO:

Learn about what to expect in the teen years

Receive support from other parents

Boost your confidence as a parent

Boys and Girls Clubs of Canada - Parenting Programs offer practical support ideas, in a safe, confidential environment for parents of teens.

The program offers parents of teens information on:
BRAIN DEVELOPMENT | TEMPERAMENT | SELF-CARE | BOUNDARIES
COMMUNICATION | DEVELOPMENTAL TASKS | RESPECT | EMPATHY | RELATIONSHIPS

- WHERE:** Central Saanich Senior Citizens Association, 1229 Clarke Rd, Brentwood Bay
- DATE/TIME:** Tuesdays, 9:30-11:30am
- COSTS:** \$30/person or \$45/couple plus \$15 for program book/additional material
Subsidies Available – Please Inquire
- REGISTRATION:** Must pre-register as minimum seating is available (max.15 participants)



Boys & Girls Club
Services of Greater Victoria
A good place to be

For more information/registration please contact:

P: 250-384-9133 ext. 222

C: 250-217-4929

E: parentingprograms@bgcvc.org

A full description of Parenting Programs can be found at: www.bgcvc.org

We Understand

BGCC - Parenting Programs were developed by staff and parents throughout BC and is administered under the auspices of Boys and Girls Clubs of Canada - Pacific Region. Funding is generously provided by the Ministry of Children and Family Development.