

HEAD LICE AWARENESS

Head lice are common in BC communities. Although they are a bother, **head lice are not a health risk.**

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

You can help by:

- ♦ Checking your child's head with the wet combing method of detection once a week throughout the year.
 - ♦ Review the pamphlet *Wet Combing – How to Get Rid of Head Lice*, available online, at your school and [Public Health Unit](#).
- ♦ Encouraging your child to wear their hair tied back.
- ♦ Treating if you notice live lice on your child's head.
- ♦ Reminding family and friends about the importance of routine head checks.

For more information:

- ♦ Read the HealthLink BC File on Head Lice [HealthLink BC File #06 Head Lice](#)
- ♦ Contact your local [Public Health Unit](#)